

Caregiving 101 Tips

Planning Ahead for Elder Care

Planning is a vital stage in the elder care process. Unless we devote some time to planning for the future, we will not be prepared for the difficult decisions that inevitably lie ahead.

Here are a few guidelines you can use in the planning stages:

- Establish Goals
- Create a Support System
- Get it in Writing
- Research
- Organize
- Locate Resources
- Understand Finances

*More information on this topic is posted in our Resource Library:
<http://www.lcsnw.org/library.html>.*

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